

AROMALAB

## AROMA THERAPY FOR THE HOME

History, innovative techniques and the virtues of natural ingredients

Throughout human history and across cultures, aromatic plants, -flowers, -herbs, -roots and bark have been used for their therapeutic and medical properties, for meditation and prayer, and for wellness and seduction.

Although technology has evolved and it is now possible to analyse and explore the chemistry behind aromatic oils and the effects of them, we still use the oils in almost the same way as in the ancient times. Essential oils are concentrated plant extracts from aromatic plants. By mixing selected essential oils that supplement each other, a synergy is created whereby the therapeutic effect as well as the fragrance is enhanced.

Our recipes are blended with the purpose in mind that you can choose which emotional effect and mental state you desire in your surroundings. One can also simply be seduced by the natural scent of pure essential oils.

We only use pure natural ingredients produced without the use of artificial chemistry. Our aroma therapy series for the home has been giving the same attention as if it was therapeutic products for the skin.

Our products are handmade in Denmark, the pharmacy glass and the boxes are from recycled material, produced in the EU. The cotton bag is made in Nepal and thereby support humanitarian causes.

We hope you will enjoy!

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**MORE THAN A HALF CENTURY OF HISTORY:** In the year 1950 Jens Andreas Dahl Hansen founded the candle factory HYGGE LYS in Copenhagen. He became one of the leading suppliers of candles for churches throughout Denmark. He designed a beautifully sculptured and minimalistic candle that was able to stand by itself on table and floor. The candle is known as ALTERLYSET.

ALTERLYSET is handcrafted and some of the original moulds are still included in the production.

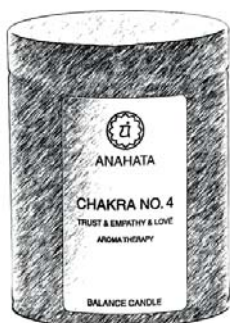
The fourth generation is now manufacturing and distributing the candles. They have launched HYGELYSET which is beeswax colored candles in the same familiar design. The family makes scented candles as private label for quality-conscious brands, and now also with their own brand AROMALAB.

THE AIM HAS AND WILL ALWAYS BE TO CREATE CANDLES OF THE FINEST QUALITY WITH VEGETABLE AND NATURAL INGREDIENTS.

## AROMALAB PRODUCTS

We offer you four different ways to use the essential oils in your home.

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### BALANCE CANDLE

Natural ingredients only.

CONTENT/ 100% vegetable stearin from RSP0 certified palm oil, essential oil blend and natural cotton wick.

Available in Chakra, Doshas, Holy Spirit and Christmas.

Handcrafted in Denmark. Pharmacy glass and boxes of recycled material and manufactured in the EU. The cotton bag is made in Nepal.

Net. weight 160 gr. Burn time app. 30 hours.

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### STICKS / ROOM DIFFUSER

Natural ingredients only.

CONTENT/ melassa alcohol, vegetable glycerin and essential oil blend. No use of solvents.

Available in Chakra 1,4,5, Holy Spirit and Christmas blend.

Blended and hand poured in Denmark. Pharmacy glass and boxes of recycled material and manufactured in the EU. Stick of FSC rattan. The cotton bag is made in Nepal.

Net. weight 200 ml.

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### BALANCE MIST / ROOM SPRAY

Natural ingredients only.

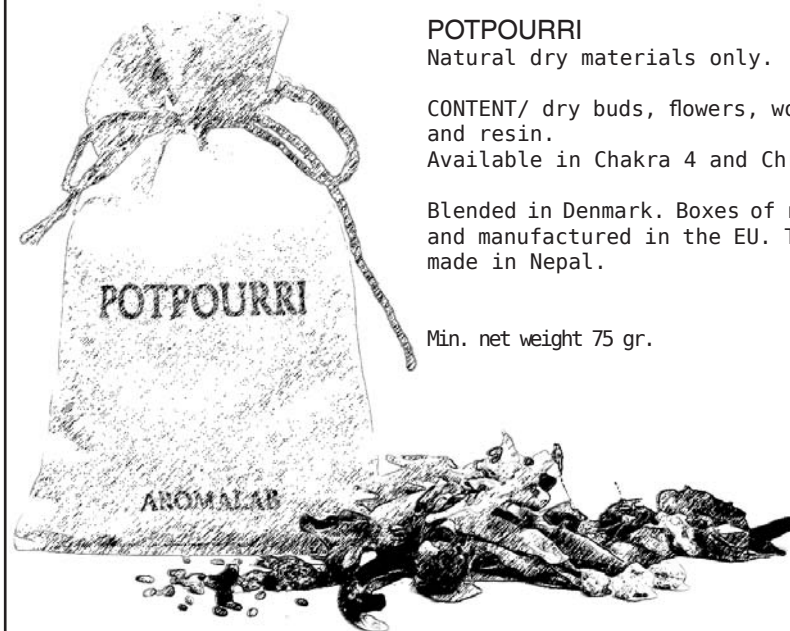
CONTENT/ Melassa alcohol, vegetable glycerin, demineralised water, essential oil blend. No use of solvents.

Available in Chakra 1,4,5, Holy Spirit and Christmas blend.

Blended and hand poured in Denmark. Pharmacy glass and boxes of recycled material and manufactured in the EU. The cotton bag is made in Nepal.

Net. weight 100 ml.

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### POTPOURRI

Natural dry materials only.

CONTENT/ dry buds, flowers, wood, roots, seeds and resin.

Available in Chakra 4 and Christmas blends.

Blended in Denmark. Boxes of recycled material and manufactured in the EU. The cotton bag is made in Nepal.

Min. net weight 75 gr.

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## CHAKRA BALANCE

Chakra symbolizes the energies that circulate in our body to keep us in emotional and mental balance. The 7 major chakras represent different physical and emotional characteristics and reflect different levels of consciousness. This philosophy is shared by many old belief- and health systems that exist in harmony with nature. Among others, Shamans, Tibetan monks and the Ayurvedic health system from India and Nepal, have used aromatic oils to balance energy centers in the body.

By being aware of the chakras we can become better at uniting them and improve our emotions and well-being.

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### CHAKRA N° 1 ROOT CHAKRA

#### CENTER FOR GROUNDING AND BASIC NEEDS

When the root chakra is in balance, you will feel energized and aware of your body, and feel confident with a healthy aura.

When the root chakra is out of balance, you will feel burnt out and have a distancing aura.

#### CREATE BALANCE WITH

Essential oil blend of: Cedar, cypress, cloves, ginger, vertiver. The essential oils have a natural content of: Farnesol, linalool, limonene, eugenol.  
AVAILABLE IN CANDLE, STICKS AND MIST.

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### CHAKRA N° 3 SOLAR PLEXUS CHAKRA

#### CENTER FOR MOTIVATION, INTENTION AND DESIRE

When the solar plexus chakra is in balance, you will feel dynamic and have a strong motivation and power towards achieving your goals.

When the solar plexus chakra is out of balance, you will feel inferior, mentally blocked, impatient and nervous.

### CHAKRA N° 2 SACRAL CHAKRA

#### CENTER FOR JOY, VITALITY AND RELATIONSHIPS.

When the pleasure chakra is balanced, you will be emotionally balanced and connected with your five senses. When the pleasure chakra is out of balance, you will feel disharmony with your senses and feel blocked in your relationships with others.

#### CREATE BALANCE WITH

Essential oil blend of: Bergamot, petitgrain, sandelwood, jasmin, ylang ylang, patchouli, champaka. The essential oils have a natural content of: Farnesol, linalool, geraniol, limonene, citral, citronellol, benzylbenzoat, benzylsalicylat, eugenol, benzylalkohol, isoeugenol.  
AVAILABLE IN CANDLE, STICKS AND MIST.

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#### CREATE BALANCE WITH

Essential oil blend of: Bay, lime, lemon, pink grapefruit, lemon grass, fennel, cardamom, benzoin. The essential oils have a natural content of: Limonen, citral, linalool, geraniol, citronellol, eugenol, farnesol, terpinylacetat, benzylcinnamat.  
AVAILABLE IN CANDLE, STICKS AND MIST.

### CHAKRA N° 4 HEART CHAKRA

#### CENTER OF TRUST, EMPATHY AND LOVE

When the heart chakra is in balance, you will feel love and find compassion within yourself and others

When the heart chakra is out of balance, you will feel depressed, lonely and let down.

#### CREATE BALANCE WITH

Essential oil blend of: Rosewood, chamomile, pepper, lavender, white sage and bourbon vanilla. The essential oils have a natural content of: Linalool, geraniol, benzylbenzoat, limonene.  
AVAILABLE IN CANDLE, STICKS AND MIST.

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### CHAKRA N° 6 THIRD EYE CHAKRA

#### CENTER FOR INTUITION AND VISION

When the third eye chakra is in balance, you will have a good intuition and be in mental balance. When the third eye chakra is out of balance, you will feel mentally blocked, stressed, and lack depth and imagination.

#### CREATE BALANCE WITH

Essential oil blend of: Geranium, bitter orange, orange, cajeput, paulo santo, cistus, pine. The essential oils have a natural content of: Limonen, linalool, geraniol, citral, citronellol.  
AVAILABLE IN CANDLE, STICKS AND MIST.

### CHAKRA N° 5 THROAT CHAKRA

#### CENTER OF CREATIVITY, SELF EXPRESSION AND COMMUNICATION

When the throat chakra is in balance, you will have confidence and be able to express your ideas and thoughts.

When the throat chakra is out of balance you will feel rejected and find difficulty to express yourself.

#### CREATE BALANCE WITH

Essential oil blend of: Grapefruit, juniper, laurel, eucalyptus, birch, nutmeg. The essential oils have a natural content of: Limonen, citral, linalool, geraniol.  
AVAILABLE IN CANDLE, STICKS AND MIST.

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### CHAKRA N° 7 CROWN CHAKRA

#### CENTER FOR ENLIGHTENMENT AND WISDOM

When the crown chakra is in balance, you will feel part of something greater than yourself and feel peaceful and present.

When the crown chakra is out of balance, you will feel lonely, lost and without purpose.

#### CREATE BALANCE WITH

Essential oil blend of: Frankincense, angelica, peppermint, rosemary, ravensara, elemi, myrrh. The essential oils have a natural content of: Limonen, linalool.  
AVAILABLE IN CANDLE, STICKS AND MIST.

## DOSHA BALANCE

Ayurveda means "science of life" and is a 5,000 year old holistic health system from India. Ayurvedic philosophy is based upon the belief that all living beings are composed of five elements which are combined in pairs as Doshas. Vata (ether and air), Pitta (fire and water) Kapha (water and earth). One or more of the Doshas will predominate in all people and should be balanced with the principle of the influence of opposite values. For balancing the Dosha aromatic oils are used, among other things, to achieve physical and mental health and well-being.

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### VATA NURTURING AND WARMING

#### QUALITIES REFLECTING THE ELEMENTS OF SPACE AND AIR

When Vata Dosha is in balance, you will be enthusiastic, lively and imaginative.

When Vata Dosha is out of balance, you will be restless, anxious, forgetful and possibly underweight.

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### PITTA CALMING AND COOLING

#### QUALITIES REFLECTING THE ELEMENTS OF FIRE AND WATER

When Pitta Dosha is in balance, you will be articulate, brave and have a sharp intellect.

When Pitta Dosha is out of balance, you will be irritable, judgmental, demanding and may suffer from impure skin.

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### KAPHA ENERGIZE AND CLARITY

#### QUALITIES REFLECTING THE ELEMENTS OF WATER AND EARTH

When Kapha Dosha is in balance, you will be loving, compassionate, forgiving and stable.

When Kapha Dosha is out of balance, you will be apathetic, possessive and may be obese.

#### CREATE BALANCE WITH

Essential oil blend of: Orange, rosewood, cardamom, geranium, basil, vertiver, roman chamomile, angelica. The essential oils have a natural content of: Limonene, linalool, citral, benzylbenzoate, farnesol, geraniol eugenol.

AVAILABLE IN CANDLE.

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#### CREATE BALANCE WITH

Essential oil blend of: Sandelwood, lemon, lemon grass, juniper, lavender, fennel, ylang ylang. The essential oils have a natural content of: Farnesol, limonene, citral, linalool, geraniolcitronellol, eugenol, benzylbenzoate.

AVAILABLE IN CANDLE.

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#### CREATE BALANCE WITH

Essential oil blend of: Grapefruit, cedarwood, sage, elemi, frankincense, palmarosa, clove, ginger, cinnamon. The essential oils have a natural content of: Limonene, citral, linalool, farnesol, geraniol, eugenol, cinnamal, cinnamylalcohol.

AVAILABLE IN CANDLE.

## HOLY SPIRIT BALANCE

A consciously chosen symphony of pure essential oils, which historically has been used in many religions and faiths at ceremonies, meditation, prayer and for healing.

Top notes: The mentally soothing frankincense with its cleansing effect on the intellect and the balancing petit grain.

Middle notes: The concentration-enhancing and cleansing cypress and the intuition and spiritual conducive pine. White sage that cleanse unwanted energies and attract positive energies, the universal paulo santa and juniper for clearing and relaxing the mind.

Bottom notes: Healing sandalwood that conveys meditation, prayer and spirituality, and the holy vibrant and calming myrrh.

Naturally contains: Linalool, geraniol, limonene, citral, farnesol.

AVAILABLE IN CANDLE, STICKS AND MIST.



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## CHRISTMAS BALANCE

A consciously chosen bouquet and symphony of harmonizing, calming and uplifting essential oils, which historically has been used for healing and meditation.

Top notes: uplifting orange and balancing petit grain, stimulating and cleansing clove, warming cinnamon and the relaxing and aphrodisiac cardamom.

Middle notes: The spiritual and intuition conducive pine.

Bottom notes: Healing sandalwood, meditative labdanum, calming vanilla and the holy vibrant and soothing myrrh.

Naturally contains: Limonene, linalool, geraniol, farnesol, citral, cinnamal, cinnamylalcohol, eugenol.

AVAILABLE IN CANDLE, STICKS AND MIST.



# POTPOURRI

Aromalab revisits the art of the potpourri inspired by the history across all civilization. The aromatic compounds can spread their scent and effect in space, linen and closets for months.

## POTPOURRI CHAKRA N° 4 TRUST, EMPATHY AND LOVE














CONTENT/ Natural dry material and essential oil blend. Rosebuds, roman chamomile flowers, white sage, pepper corns, lavender seeds, orris root and bourbon vanilla pods. Essential oil blend of rosewood, chamomile, pepper, lavender, white sage and bourbon vanilla. The essential oils have a natural content of: Linalool, geraniol, benzylbenzoat, limonene.



## POTPOURRI CHRISTMAS JOY AND HARMONY

CONTENT/ Natural dry material and essential oil blend. Pine tree bark, sandalwood, dried orange peels, dried bitter orange peels, cardamom seeds, cloves, cinnamon bark, ginger roots, myrrh. Essential oil blend of pine, sandalwood, cinnamon, orange, petitgrain, cardamom, cloves, bourbon vanilla, myrrh and labdanum. The essential oils have a natural content of: Limonen, linalool, geraniol, farnesol, citral, cinnamal, cinnamylalcohol, eugenol.



						
		CANDLE	MIST	STICKS	POTPOURRI	
	CHAKRA No 1					
	CHAKRA No 2					
	CHAKRA No 3					
	CHAKRA No 4					
	CHAKRA No 5					
	CHAKRA No 6					
	CHAKRA No 7					
	VATA					
	PITTA					
	KAPHA					
	CHRISTMAS					
	HOLY SPIRIT					

## OUR CHOICE OF CANDLE STEARIN

Our candles are manufactured from the most clean burning vegetable stearin from RSP0 certified and enviromentally friendly palm oil.

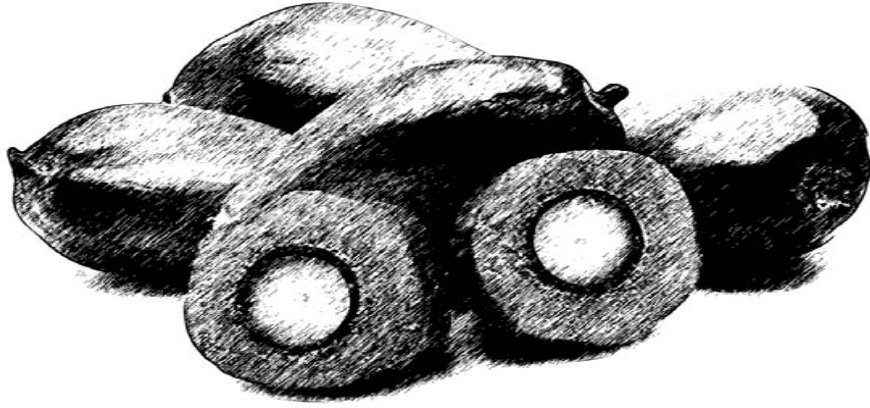
The oil is extracted by cold pressing of the fruit of palm trees, equal to the way you squeeze olive oil.

The raw oil is "bleached" with absorbent clay that remove color and impurities. The oil is then heated to high temperature to sterilize and deodorize the oil. During the cooling the various fractions are separated by filtration and pressure.

The result is a dry fractionated palm stearin, without the use of additives, chemical solvents or post refining chemicals, and thus also without contamination of water.

The residue is recycled to animal feed, paper and used as an energy source.

Sustainability and safety of this process is second to none.



## MAKE YOUR CHOICE OF CANDLE QUALITY

	PARAFIN WAX/MINERAL WAX	SOY WAX	PALM WAX	BEES WAX
RENEWABLE AND SUSTAINABLY HARVESTED	Petroleum product that contributes to depletion of limited resources.	Soy is annually sown & harvested in fields; requiring much more energy & labor to produce compared to palm wax.	Palm wax requires 1/10th the land of soy & is a sustainable, ever-growing, picked crop that promotes biodiversity and carbon sequestering.	Bees wax is in contrast to the other waxes a gain for the environment.
NATURAL WAX, AND FREE OF GMOS (GENETICALLY MODIFIED ORGANISMS)	This wax is not grown, nor is it natural; additives include color fading inhibitors, Vybar, Silicone, ect.	Most soy wax is genetically modified (GM)& blended with other waxes. ~98% of US soybean is GM, requiring pesticides, herbicides, & petro fertilizer.	100% natural palm oil is GMO-free. Minimal or no use of pesticides, herbicides, & petro fertilizer.	Natural wax from bees
LONG BURNING TIME	Moderate burn time.	Fast burning and short-lived.	Burns slowly, for a lasting candle.	Long burntime.
FLAME	Weak flame low color spectrum.	Low flame and color	Burns bright big flame with color.	Burns brightly.
SOLID STRUCTURE	Wax is soft and oily to the touch. Bleed.	100% soy wax is soft & oily to the touch.	Smooth, dry & solid. Does not bleed dyes or fragrances.	Soft surface.
BURNING	Black soot releases carcinogens.	Clean burning little soot.	Clean burn when trimmed properly.	Clean burning.
FRAGRANT HOLD	(Melting Point: 55-65°C additive dependent) Moderate scent throw.	(Melting Point: 50°C for 100% soy wax) Weak fragrance throw.	(Melting Point: 60°C)Strong hot & cold fragrance throw.	(Melting Point: 70°C) Natural honey scent.
BIODEGRADABLE	This petro-based wax is not biogradable.	This vegetable wax (if pure) is biogradable.	This vegetable wax is biogradable.	This vegetable wax is biogradable.
TOXINS IN REFINEMENT	Refined with petroleum (oil, diesel, kerosene, ect)	Chemically Refined:Use of acrylic acid, benzene, acetone, ethylene, toluene, Hexane ect.	Physically Refined: Similar to olive oil, palm fruitlets are pressed & distilled to produce a non-toxic, carogenic free wax.	Physically Refined: heated and filtered.

IN MOST CANDLES, PALM STEARIN IS USED AS AN ADDITIVE TO IMPROVE BURN TIME, HARDEN WAX, AND HELP INCREASE FRAGRANCE RETENTION IN BLENDED WAXES.

## NOTES:

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